

# Healthy Choice Program Overview

The Healthy Choice program is a voluntary premium discount program from the Employee Health Plan (EHP) that rewards you for taking action to manage your health. The program provides resources to help you save on your premium and support your overall well-being. When you participate and meet the program requirements, you'll be eligible to earn a discount off next year's premium.

If you have a spouse on the health plan, they can also participate, and together you can achieve the best discount.

## Why Should I Join Healthy Choice?

### Save a discount off your health plan premium.

- Participate in the Healthy Choice program, meet your goals and earn a discount on the following year's health plan premium.
- Spouses can join to maximize your discount.

### Resources Available

- Partner with a health coach or care coordinator to support you on your well-being journey.

### Device Credit Available

- Redeem a one-time \$115 device credit to purchase an activity device.

### Well-being Resources Available

- Find various well-being resources in the Healthy Choice portal.

## What Happens When I Join?

In the Healthy Choice portal, check your **Incentive Program** to enroll and view your goals for that program year.

### Unknown

- Complete a Health Visit Form to update your 'Unknown' Incentive Program. The form can be on the EHP website at [clevelandclinic.org/healthychoice](https://clevelandclinic.org/healthychoice).

### Activity Program

- Sync a device to complete steps or active minutes.

### Care Coordinator Program

- Enroll in required Track(s).

### Health Coaching Program

- Enroll in required Track(s).

### New Caregiver Program

- Complete the 13 Awareness videos and connect an activity device to the Healthy Choice portal.

Refer to the Program Requirements and FAQs found in your portal to learn more.

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### Understanding Healthy Choice Premium Levels

Premium Level	Employee Only coverage	Employee + Spouse coverage
<b>DIAMOND</b>	Member earned full credit	Both members earned full credit
<b>PLATINUM</b>	N/A	One member earned full credit <b>and</b> One member earned partial credit
<b>GOLD</b>	Member earned partial credit	Both members earned partial credit <b>or</b> One member earned full credit and one member earned no credit
<b>SILVER</b>	N/A	One member earned partial credit <b>and</b> One member earned no credit
<b>BRONZE</b> Standard plan premium	Member earned no credit	Both members earned no credit

### Important Program Dates

Checking your Healthy Choice portal weekly is essential to stay on track.

- Check your Incentive Program in early **January** and confirm your program goals for the current year.
- Enroll and participate in **ALL** required premium Track(s) to work toward full credit by **March 31**.
- Enroll and participate in **ALL** required premium Track(s) to work toward partial credit by **June 30**.
- Meet program goals by the final deadline of **Sept. 30**.
- If tracking steps or activity, confirm your device is syncing to the Healthy Choice portal weekly.
- If enrolled in a program that requires final metrics, submit and report completion between **Aug. 15–Sept. 30**.

**Questions? Contact an EHP Wellness Specialist at 216.986.1050, option 3, or visit our website at <https://employeehealthplan.clevelandclinic.org> for more information.**

Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. We will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

Under HIPAA, EHP, like other health insurers, is permitted to access health data for the purposes of claims payment, health program development and treatment coverage. As with any of our healthcare plans and programs, plan member privacy is protected in full compliance with HIPAA.

View our privacy policies at [Notice of Privacy Practice](#)

View the nondiscrimination notice at [EHP Non-Discrimination Notice](#)

*Remember:* HIPAA regulations apply to questions you ask about the members of your household covered by the Health Plan.